# Content & Outreach Internship

# Start March 2026

# About us

EUFIC - the European Food Information Council, is a non-profit organisation that provides science- based information on food and health.

We are passionate science and communication experts who believe in the power of knowledge, and in a world where people choose to live healthily because they know how to. To help building it, we offer accessible, appealing and actionable science-based information to inspire and empower people to improve their diet and lifestyle.

We collaborate with a broad network of academics, national and international organisations, businesses and professionals in the food and health sector. We carry out consumer research to understand people’s perceptions, views and preferences. We are a lively, multi-disciplinary, and multi- cultural team of just over 20 colleagues, based in the heart of Brussels.

Our funding comes from individual food and drink companies, the European Commission, foundations, umbrella organisations and from sales of publications.

# Job description

We are looking for MSc students who wish to deepen their knowledge of science communication particularly in the area of Food & Health. An intern must be able to commit to at least 6 months, and preferably longer.

**Key responsibilities:**

We appreciate and encourage interns to be proactive and as much as possible own their own activities/projects, which can be:

• Active involvement in development, review, and promotion of different types of science-based content (e.g. articles, blog posts, social media posts) covering a wide range of food & health-related topics including nutrition, lifestyle, food safety, food quality, food risk communication, and sustainability

• Contributing to EUFIC's scientific monitoring activities, including desk research on scientific topics

• Assisting in organizing meetings, conferences, and presentations

• Supporting (senior) managers with EU-funded projects communication and dissemination activities

# Educational requirements, experience and skills

* **currently enrolled in an MSc programme** towards a scientific degree focused on food safety, food science, nutrition, or a related area, with the option to pursue a placement during their studies
* **strong and proven English writing skills**, another European language is an advantage
* **available for at least 6 months**, but preferably longer (up to 12 months)
* an excellent communicator, with ability to translate scientific information into easy to understand language
* interested in and a passion for food & health communication
* can search for information, digest it, and summarise succinctly
* proactive and well organised, capable of handling tasks alone
* good interpersonal skills
* eye for detail
* experienced with content management systems and web-based applications
* working knowledge of standard software packages (e.g. Microsoft Word, Excel, PowerPoint, Outlook)

# Job conditions

Trainees enjoy the following:

* full-time position
* living allowance of 450 €/month (non-negotiable)
* multicultural workplace in the heart of Brussels
* a chance to learn from dedicated science and communication professionals
* possible European travel for meetings and conferences

# Application

* Please check the application dates mentioned on the [EUFIC Internship Programme](https://www.eufic.org/en/who-we-are/eufic-internship-programme).
* Email your application to [jobs@eufic.org](mailto:jobs@eufic.org) stating “Food and Health Internship” in the

subject.

Note that ONLY applications submitted within the respective periods will be considered. If you have any questions, please contact us at [eufic@eufic.org](mailto:eufic@eufic.org) and clearly indicate “Question regarding internship” in the subject heading.