



Explore Seasonal Fruit and Vegetables in Europe

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When are fruit and vegetables in season across Europe? EUFIC has created a pioneering tool for you to explore and follow a [more sustainable diet](#).

On the map you will see Europe's six climatic regions. Each climatic region represents the average weather conditions in the area over a long period of time. As different types of fruits and vegetables grow better in different climates, you will see that some fruits and vegetables are in season in some countries, while they are not in others.

Please note that the lists may not be comprehensive and can vary depending on climatic change or where you live. We developed this map by combining various [European national sources](#): while most of them include fruit and vegetables that are both local and seasonal, some may only refer to seasonal produce. If you see your country's data missing and you know a credible source, let us know at eufic@eufic.org.