



FOOD4U Webinar

13 September 2013

Hot Tips for a healthy lifestyle with videos made by teenagers, for teenagers.

Hot Tips for a healthy lifestyle

Six million students in over 30,000 secondary schools across 16 European countries participated from 2007 to 2011 in the FOOD4U project. The mission was to raise awareness among adolescents on the importance of proper nutritional habits and choices for their present and future wellbeing. These students joined a competition and produced short videos, some of which have been incorporated in this educational webinar produced by EUFIC.

FOOD4U received funding from the Italian Ministry of Agricultural, Food and Forestry Policies. The project has been under the High Patronage of the President of the Italian Republic, the patronage of the Italian Ministries of Foreign Affairs and Education, as well as under the auspices of representatives of the European Union in Italy.

You can find out more about the FOOD4U project on Facebook and see more videos on YouTube!