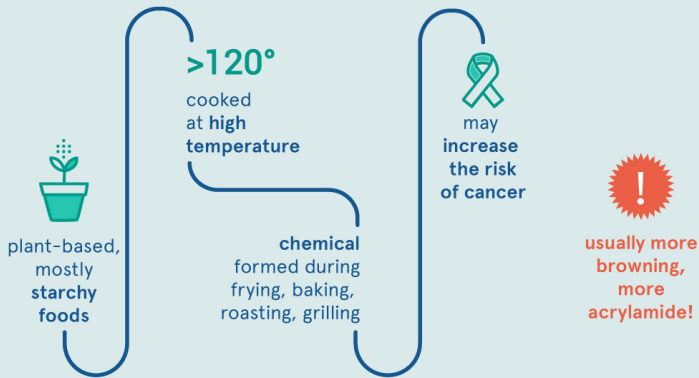




How to reduce acrylamide formation at home (Infographic)

28 June 2016

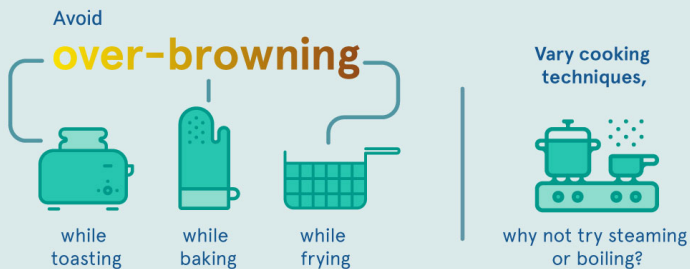
Acrylamide



What are the common sources of acrylamide?



What can I do at home to reduce my acrylamide intake?





Download the printable version [here](#).

For more information, please view these associated materials:

[EUFIC Review \(2010\). The Why, How and Consequences of cooking our food.](#)

[EUFIC Food Today \(2014\). What happens when we cook food - understanding acrylamide formation.](#)

[EUFIC Q&A \(2015\). Acrylamide.](#)

[EUFIC Science Brief \(2015\). EFSA opinion on Acrylamide.](#)