

Dear DIETS Partners,



Ever since 2007 the DIETS Network has provided a newsletter twice a year for its partners and others to keep ourselves informed about activities around Europe, news about the Network and also our partners. Here is the cover of the very first newsletter in March 2007. Since then there have been 10 more and this newsletter makes it 12; an incredible testament to all the enthusiasm that the Network has generated and the hard work of the editor and the team.



Three important words in the vocabulary of our EU funding agency (EACEA) are quality, exploitation and sustainability. Later in this edition you will find information on how we hope the Network can be sustained, especially the partnerships that the Networks have generated. I hope that this will be possible through the European Federation of the Associations of Dietitians (EFAD). The quality of the work can only be judged by you the reader, also the user of the many outcomes of the Network. Are they meeting your needs? Are they in a format that is helpful or can they be improved? All of these questions can be applied to test quality. But how we use what has been produced by the work packages is the real test. Almost all partners are involved in a work package and the commitment to producing a product that is fit for purpose is amazing. I am incredibly proud of what has been achieved. But what are we going to do with all of this productivity - how will we use it, how will we exploit the outputs to make change and progress happen? In the pages of this newsletter, on the website and at our conferences are many products for dietitians and others to use, to be informed and to share. Please go on telling us how they have been used and what we need to do next! Our Network(s) have left a tremendous legacy and I am confident dietitians will continue to share resources and build on their achievements.

It has been my privilege to work alongside you and while I could be sad at this last DIETS Newsletter I am not because I know that friendships formed across Europe, knowledge gained and products or outcomes for the Network are going to last and be used. What a great achievement. Please sign up for the EFAD Newsletter by registering to use the EFAD web site www.efad.org – as one exits another enters!

Anne de Looy
Professor of Dietetics, Plymouth University. DIETS2 Coordinator & Hon President EFAD.

BREAKING NEWS!!!
 DIETS has been granted an extension to 31 December 2013. This means that DIETS can reimburse 75% of the costs of representatives from DIETS partners who attend the conference in Garda on 8/9 November 2013. Don't delay – register today! www.thematicnetworkdietetics.eu

The project is ending but DIETS can live on!

The thematic networks, DIETS and DIETS2 (www.thematicnetworkdietetics.eu), have brought together dietetic professional associations, higher education, industry and non-governmental organisations (NGOs). Over the six years that the networks have been funded by the EU there has been significant benefits of this partnership. Papers, policies and strategies have been developed through wide consultation, including European standards and guidance for education, competence statements and guidance on Lifelong Learning. Through valuing each other and our unique contributions, outcomes have now been adopted by members of EFAD to strengthen the dietetic profession in Europe. The networks have also influenced research and evidence-based practice as well as fostering an Information, Communication and Technology (ICT) literacy among European dietitians.

To ensure that this mutually beneficial collaboration continues the EFAD General Meeting (November 2013) will be asked to introduce a new category of membership which will enable Higher Education Institutions (HEIs) to formally join EFAD as "Education Associate Members".

Opportunities for EFAD and the HEIs will include:

- Development of the work started in the DIETS Networks and opportunities for partnership funding in the future.
- Support for the EFAD Education Committee in promoting and supporting the academic progress of students and qualified practitioners (e.g. Lifelong Learning).
- Increased collaboration between HEIs within Europe e.g. in dietetic/nutrition research.
- Increased opportunities for student, teacher exchanges (including practice placements) and projects.
- A wider pool of expertise to draw on to be members of committees, specialist groups, workshops and to support the EFAD Education and Research committees in monitoring the Benchmark statement, EDC, EDAC (European Dietetic Advanced Competencies) and promoting Evidence-based practice.
- Ability to influence the education of dietitians, their professional practice and their Lifelong learning, to ensure a high, consistent standard of practice across Europe.
- Marketing and development of courses, especially e-courses, for Lifelong Learning.
- Access to members areas of the website especially for sharing materials.
- The opportunity to create a specialist network of Educationalists, if desired.

The outcome of the vote will be announced at the 7th DIETS-EFAD conference on 8/9th November. In addition EFAD will start to host the DIETS website before the end of 2013, ensuring that users of both sites have access to information from each. Future DIETS newsletters will be produced by EFAD and circulated to both networks and EFAD will continue to host DIETS-EFAD conferences.

Please distribute this newsletter and keep information and news coming into our dissemination team via work package lead Bernadett Tóth at bernadett.toth1@gmail.com.



DIETS DIEL2

THEMATIC NETWORK FOR DIETETICS

Looking forward

7th EFAD/DIETS General Meeting & Conference



We are glad to invite you to the 7th EFAD/DIETS General Meeting and Conference, taking place near Lake Garda, Italy on 8/9 November 2013.

The title of the conference is '**Non-Communicable Diseases – the dietitians' response to Health 2020**'.

This conference will explore what the profession can do and how research and education can contribute; as well as the role of dietitians in preventing and treating non-communicable diseases (NCDs) using evidence-based practice. This conference will also facilitate meetings of European Specialist Dietetic Networks for diabetes, obesity, oncology, ageing, public health and food service. After three years of productive work the DIETS2

work packages will also present their products and achievements.

The Conference is open to all, including practising dietitians, teachers, students and other related stakeholders.

The business part of the EFAD General Meeting, hosted by the Italian Dietetic Association (ANDID), will be on Thursday 7 November. Admission to the General Meeting is restricted to delegates of National Dietetic Associations who are members of EFAD.

You can see the draft programme, registration, travel and accommodation details on the DIETS2 website: <http://www.thematicnetworkdietetics.eu/everyone> or on the EFAD website: <http://www.efad.org/everyone>

You have the opportunity to present your research/work in the form of a digital poster, to the participants coming from all around Europe! **Submit your abstract until 20th October** - submission form and information can be found on the above links, under '*Poster presentations*'.

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As summarised in earlier newsletters, DIETS2 has five work packages working on the separate deliverables of the project and four work packages dealing with the management, quality assurance, dissemination, and exploitation activities of the network. The following reflects on the work and achievements from each work package of DIETS2. [All deliverables are on the website, for you to use.](#)

Work based and placement learning (Work package 1)

This work package refers to the co-operation with the following wonderful people: Inge Audenaerde (Partner 92, NL), Anne de Looy (Partner 1, UK), Katalin Horvath (Partner 48, HU), Reka Keyges (Partner 46, HU), Anna-Elisabeth Purtscher (Partner 93, DE), Anastasia Markaki (Partner 61, GR) and Karin Van Ael (Partner 7, BE). During the previous three years we became a great team, due to everyone's professional and personal input. Looking back, we had a hesitating start, but we took our time to eventually end in beauty. We had the chance to get to know each other via the DIETS conferences and the numerous virtual GoToMeetings using 'DIETS-English', to appreciate and to make use of everyone's expertise. This fine collaboration resulted in the following outputs:

- 1) A map of placements,
- 2) A database for placement teachers,
- 3) A guide to best practice for student placement and
- 4) Pedagogic standard for dietetic placement teachers.

It seems likely that the benefits of these achievements are clear, since this work package is established in response to the outcomes of the DIETS1 project. With these achievements, we hope to inspire both the HEIs and the professional field. In this way, work package 1 contributes to the aims of the overall DIETS project, namely 'Dietitians Improving the Education and Training Standards'. It would be interesting to measure the impact of these achievements within 5 to 10 years. Indeed, improving implies moving forward.

I would like to take this opportunity to sincerely thank the DIETS2 committee for giving me the opportunity to be work package leader and you, work package 1 members, for this unique professional, international and personal experience!

Sofie Joossens
Leader of work package 1, DIETS2

Second and third cycle specific dietetic competences (Work package 2)

I was the lead for work package 2 which started in October 2010 and ended in September 2012. Our first physical meeting took place in heavy snowfall at the DIETS conference in Amsterdam in early December 2010. It was a good meeting and we had managed to develop our first questionnaire which the conference participants filled in - forming the basis of our continued work. There would be plenty more...

Members of all work packages, including work package 2, put in an enormous amount of time into the project. In one way I'm happy that I didn't realize from the beginning how much time it would take, as this might have made me decline participation, and I have learnt so much through taking part and it would have been a shame to miss the chance.

The main achievement of work package 2 is the development of EDAC (European Dietetic Advanced Competencies) and the strategies for Lifelong Learning for EFAD and individual dietitians. EDAC can be used in several ways; e.g. by dietitians to set up short- and long term Lifelong Learning goals, by National Dietetic Associations (NDAs) to create new career developments and opportunities for dietitians by exploring and implementing a title of Specialist Dietitian in their country, by HEIs when developing courses and for employers to increase their understanding of what they can expect from dietitians working at advanced level. The amount of useable deliverables from DIETS can sometimes feel almost daunting. I'm happy to be able to continue working with the dissemination and use of these deliverables through EFAD's Education and Lifelong Learning Committee which will consist of many former members of DIETS' work packages 2 and 3.



Agneta Hörnell
Leader of work package 2, DIETS2

Life Long Learning for Dietitians in Europe (Work package 3)

This was the first time I have joined a network like DIETS2, like most of the members of work package 3. Accordingly it took a while to get an understanding of how it works. The personal contact to some very engaged colleagues in the work package and in the Network Management Group was encouraging and helped through the final stage. It was a great advantage working together with colleagues from HEIs, NGOs and NDAs specialised in different fields. This enhanced the understanding of each target group. I'm proud of the major achievements of our work package:

1. **The database for Lifelong Learning.** This allows dietitians to search on one platform for courses/seminars/modules all over Europe. It allows all partners to advertise their courses on such a platform. As it will be a part of the EFAD homepage it would be increasingly interesting for partners and dietitians of other institutions to add their programmes as well. Opportunities to cooperate with each other and to learn from each other would grow.
2. **The guide for Lifelong Learning of Dietitians in Europe.** How to develop your professional competence? This is a very practical tool for each dietitian to get started in professional development and to document it. It can be printed on demand and is for free. Dietitians can start their self-assessment, and get practical help for planning, acting and evaluating. At the moment it is available in English and the tools are translated in French and Spanish. As the language is still one important omission we would recommend all NDAs that do not provide any materials, to translate the guide to support their dietitians.

As the development of professional competence works very similar in various fields, other health professionals could use and adopt our guide as well. Students can use it to assess themselves and get started with Lifelong Learning at an early stage.



All our deliverables, especially the webinar about European Credit Transfer and Accumulation Systems (ECTS), encourage the stakeholders to use ICT, which is one overall aim of DIETS2. Especially through our tools to develop professional competence, we increase the fitness of dietitians to reflect on their competences, and to document their learning. We think this will encourage them to search for further options of learning. HEIs on the other side should be encouraged to use our database to promote future oriented topics and modes of delivery

We realised that dissemination of the tools takes a long time. The language barrier is an important omission especially for the guide. NDAs have to be encouraged to translate and adopt the guide. A Lifelong Learning committee within EFAD is planned to continue the work on the dissemination.

Uta Köpcke
Leader of work package 3, DIETS2

Dietitians' engagement with ICT to improve learning (Work package 4)

It was a great challenge being the lead of this work package. Our work package consisted mainly of ICT users, who indeed were not experts in the technical side of ICT. As DIETS1 had also showed, many barriers existed for using ICT more intensively, and therefore we did a survey among HEIs. Furthermore, one of our aims was to enhance ICT use by developing an eGuide with good examples and case studies in order to encourage all partners to use ICT.

Although each work package 4 member disposed of his/her own experiences on using ICT, we searched for more innovative ICT case studies in our survey or by contacting them directly, but response was quite low. Nevertheless, we succeeded in creating some very useful tools and we are very happy to have obtained a free access to the EuroFIR Open Platform.

Throughout the whole DIETS2 project, input was needed from work package 4 members. We achieved this through monthly virtual meetings, which were a useful and meaningful experience on their own, but we really appreciated the presence of members and the progress we made during the face-to-face meetings at the conferences. For us personally, we highly benefited from the fact that we chose for a co-leadership of the work package, so we were able to share some of the work package lead tasks and efforts, as well as the successful achievements.

Besides the tools, one of the greatest results of work package 4 is that the use of ICT has transformed the ability to transfer information and increase communication between European dietitians and all DIETS partners, by means of a good looking website and by establishing DIETS on social media such as Facebook, Twitter and YouTube, which will all be sustained, even after the DIETS funding will have ended.



Koen Vanherle
Veerle Van Vlaslaer
Co-Leader of work package 4, DIETS2

Teaching enquiry based learning (Work package 5)

Although we are still working on the last documents and tasks for work package 5, the project is coming to its end. I became involved in this work package as a work package lead in November 2011. Work package 5 was already established and work package members had been working hard for over a year to achieve its deliverables. It felt good to be part of such an enthusiastic team.

It also became clear that work package 5 had a lot of work package members and several deliverables to achieve. It became difficult to have meetings at times when everyone could attend. Therefore, we split up our work package into three subgroups to work on three main deliverables: the e-journal, a database of learning materials and an e-course. Each of these subgroups had their own subgroup-lead, Meropi Kontogianni, Simone Bell and Naomi Trostler, respectively. They did an amazing job of making sure that we reached our deliverables, of course with the help of work package members!

Although working for the project was not always easy, because all work package members, including me, have their regular jobs and private life as well. However, I have realized all the time that it is very special to be part of a project like DIETS, a project in which people from all over Europe work together to improve dietetic education and to improve the profession of dietetics. I do hope that you will benefit from the work of DIETS and of work package 5. By bringing the deliverables under EFAD, the deliverables of this work package can be sustained in future and further improved.



Elke Naumann
Leader of work package 5, DIETS2

DIETS student eJournal – call for abstracts

Abstracts submission for the second issue will be open from October 15th until November 15th 2013. Students and supervisors are invited to visit the following address for more information:

<http://www.thematicnetworkdietetics.eu/everyone/3616/5/0/30>

Quality Assurance (Work package 7)

This was an exciting work package to be involved in because it played such an important role in ensuring the quality of the project and consequently the deliverables. The members of the Quality Assurance (QA) work package brought a lot of experience to the project and quickly defined the QA structure and developed guidelines for work package leads at the start of the project. They also developed a risk management plan. As the project progressed regular monitoring reports were written and data on partner satisfaction regarding QA was collected and analysed. A wonderful web-based presentation about Quality Assured working was prepared towards the end of the project and successfully shortened into a narrated introduction to QA working. Regular monitoring reports made “recommendations for change” to management, which impacted on the project. Any slippage of deliverables was identified and reported, enabling corrective action to be taken. Regular data collection throughout the project ensured all work was accurately documented and posted on the website, leading to enhanced transparency of working. The three members of the external Quality Advisory Group (QAG) reviewed the monitoring reports and made additional recommendations for improvements in reporting and working. Clear feedback of results of QA monitoring and recommendations of QAG to work package leads and Management supported the smooth running of the project.

The QA work package contributed directly to the quality of the project and so, indirectly, to the quality of the deliverables themselves.

It is hoped that by highlighting the importance of Quality Assured working through DIETS, partners will in future include QA in their own projects, leading to enhanced project management and outputs.



Judith Liddell
Leader of work package 7, DIETS2

Embedding and driving change (Work package 8)

DIETS2 is a project with large potential to improve dietetic education. Exploitation (which is the main task of work package 8) is an ongoing process during which the outcomes are sustained and embedded. At the very beginning of the project, work package 8 developed a strategic plan for exploitation and it has been continuously updated to ensure we are on track. Target groups of key stakeholders were identified to support the participants in optimising the strategic impact of the project in terms of improvement of competitiveness or creation of market opportunities. Our job was to look for the needs of partners to tailor products in a way to make them relevant beyond the life of the project, assure how users are likely to benefit from the deliverables, develop flexibility in response to meet any changing need and, finally, how those users are most likely to be reached.

But will we achieve our goals? We all want to feel that we have made a difference through our effort, work and relationships. It is hard to measure the difference as often results are only seen many years after. Project outcomes can be tangible, such the new guidelines or intangible, such the changes in attitude, cultural or the upgrading of skills of individuals. Capturing these latter outcomes is less easy but still very important for work package 8, so we depend on you.

Tell us if you have been/are using materials produced by DIETS, if your participation in DIETS resulted in new projects or publications, changes on teaching or assessing methodologies or curricula, diversification of practical placements or improving external contacts.



Ana Catharina Moreira
Leader of work package 8, DIETS2

Dissemination (Work package 9)

I was asked to fulfil the leadership role in the Dissemination work package, when DIETS2 reached its halfway, so it was a great challenge to join this “big family” and continue its successful dissemination strategy. I felt I was really lucky to be part of this work as it meant a great opportunity for developing relationships and networking with professionals from different countries and various fields of dietetics and nutrition. Although the list of tasks was long and seemed difficult, I have received a lot of help from my work package members, the leaders of the other work packages and especially from the coordinator and the manager of the Network.

It is always good to see, that partners are using our deliverables, mentioning the most popular ones: the DIETS2 newsletters, the DIETS2 conferences or the DIETS2 website. We have done our best to find the most effective ways of sharing the outputs of the Network with our partners, with the help of our partners. Although the face-to-face meetings were the most effective ways of providing platform for networking, we are proud of our other communication tools, like the webinar, briefing papers, podcasts, CD or the reports.

Our work was not only sharing the achievements of the Network, but also to report back what our partners think about those. We met some difficulties by this point, as we haven't received enough feedback, although we know lack of time is common among our partners. This project could end successfully if you, the partners, provide evidence on how you shared the outputs of the Network and what benefit you have from using them. Please don't hesitate to contact with any feedback you have in the future!

I'm glad that the achievements, we have done so far will be sustained with the help of EFAD, and I hope that DIETS2 partners and other stakeholders will also contribute to the success of our work by implementing those into their work, thus ensuring the development and sustainability of the Network's efforts.



Bernadett Kiss-Toth
Leader of work package 9, DIETS2

Introduction of BSc Dietetics in Germany

Dietitians in Germany are considered health professionals, along with nurses, physiotherapists, midwives, etc. These professions are protected by federal law and each health profession has its own legal framework. Dietitians are governed by the "Dietitian Law", which also regulates the content of educational programs and professional registration. Only state licensed schools can conduct educational programs for state registered dietitians. The education of health professionals in Germany (except physicians and pharmacists) is unique, in that it is neither "vocational training" nor "university (academic) training". The original intent was to provide health professionals with a high standard of professional knowledge with a primary focus on applied work, as opposed to researchers or academics. However, in 2010 a survey of members of the German Dietitians Association (VDD) conducted by the Berlin School of Public Health (BSPH) showed that the work fields of dietitians in Germany did not differ from those of dietitians in other European countries.

Despite their professional status, continuing academic advancement for dietitians was not possible. However, due to demographic changes leading to changes in the spectrum of diseases and an increasingly unified Europe the need for an academic recognition of dietitians in Germany became obvious. Consequently the University of Applied Science in Neubrandenburg will offer a Bachelor of Science in Dietetics in Germany from summer semester 2014. This so called "additive" model, which will be available only to qualified dietitians, is based on specific demands and laws in Germany and recommendations made by EFAD/DIETS and the VDD. Only two universities in Germany offer university programs for dietitians; Neubrandenburg and the University of Applied Science in Fulda which will offer a so called "dual university program" for dietitians from winter semester 2013. Considering that approximately 60 schools currently educate about 700 dietitians a year in Germany, this is still not enough to enable them all to obtain a Bachelor qualification, but it is an important step in the right direction. To enable all future dietitians to obtain a first cycle academic education the German parliament will have to agree to change the German dietitian law, which regulates the education of dietitians in state licensed schools.

The documents and recommendations produced by EFAD and the Thematic Network for Dietetics (DIETS) within in the last year were crucial to introduce the Bachelor of Science in Dietetics in Germany.

Daniel Buchholz MPH, RD

Oncoline publishes new digital Dutch best practise based oncology guidelines for dietitians

The guideline is for general and tumour specific nutritional and dietary treatment (2.0 revision). It aims to give insight to current knowledge about nutritional symptoms, dietary interventions and the nutritional care process in cancer patients. The guideline intends to support the daily practice of dietitians in their dietary treatment of cancer patients. Besides dietitians, these guidelines are also very useful for all professionals who support cancer patients at risk for nutritional complaints such as medical specialists, general practitioners and (specialised) nurses. The guideline consists of two parts. The first part, general nutritional and dietary treatment, includes general aspects of the nutritional care process concerning the majority of cancer patients. This part is focused on nutritional status, nutritional requirements and dietary advice for symptoms in general. The second part, tumour specific nutritional guidelines, includes specific information on treatment policy and nutritional advice during different stages and treatments of eighteen specific tumours.

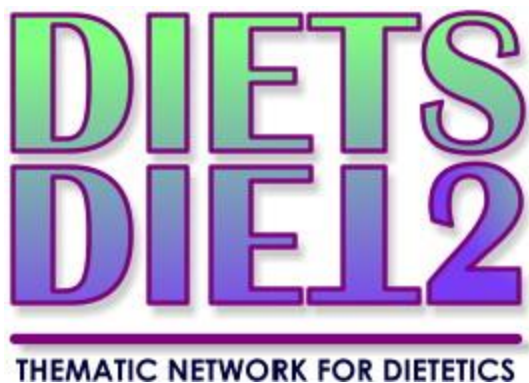
If possible, nutritional interventions in cancer are based on current scientific nutritional research in oncology, however, scientific evidence is not always available. Dietary advice is often best practice-based: a mix of scientific evidence and practical experience.

In the process of developing the guideline 'Nutrition and Diet' the following steps were executed:

- Clinical questions. A nationwide survey was initiated to obtain insight into the most relevant clinical nutritional questions in the daily practice of dietitians.
- Scientific evidence. The majority of the general part is based on the scientific conclusions, considerations and recommendations of the evidence-based Dutch guideline 'Malnutrition in patients with cancer' ('Ondervoeding bij patienten met kanker') developed by the Comprehensive Cancer Centre the Netherlands (IKNL). For other chapters of the general part and the tumour specific part, systematic literature searches were performed. For each chapter, the most relevant references were selected.
- Practical expertise. The guideline incorporates the practical experiences and competences of dietitians in the Netherlands specialised in oncology.
- Cancer patients. An online survey was performed to give insight into the wishes and nutritional information needs of cancer patients.

The guideline 'Nutrition and Diet' is based on the *Manual Nutrition in cancer*, 2012 (Handboek Voeding bij kanker, 2012). An expert group of 23 registered dietitians specialized in oncology from hospitals, oncology centres and home care organisations in the Netherlands composed this manual. The guideline is approved by the specialised network Dutch Dietitians Oncology Group, DDOG (Landelijke Werkgroep Diëtisten Oncologie, LWDO) and can be downloaded for free at: <http://www.oncoline.nl/index.php?language=en>.

Oncoline is a database which is designed for the consultation, distribution and storage of Dutch guidelines in the field of oncology and palliative care. All guidelines can be downloaded for PDA's, printed, saved and e-mailed.



Looking forward

7th EFAD/DIETS General Meeting & Conference

Non-Communicable Diseases – the dietitians’ response to Health 2020

What are the perspectives and predictions about Non-Communicable Diseases (NCD) in Europe, what can the profession do and how can research and education contribute?

This conference will explore the role of the dietitian in preventing and treating NCDs using evidence-based practice and will facilitate meetings of European Specialist Dietetic Networks for diabetes, obesity, oncology, ageing, public health and food service. The products of DIETS2 work packages will also be presented.

Registration for the General Meeting and Conference is now open – please visit <http://www.efad.org/everyone/3664/5/0/32> for full details.

Draft Programme

Friday 8th November 2013		Speakers
8:00 - 9:00	Registration	
8:30	Student briefing/ networking	Koen Vanherle, Ursula Lukas
9:00	Welcome	Anne de Looy, Giovanna Cecchetto
9:30	Key-note: The challenge of Non-Communicable Diseases for health in Europe implications for dietitians	Trudy Wijnhoven Technical Officer Nutrition Surveillance Nutrition, Physical Activity and Obesity Programme, WHO European Region
10:00	Nutrition, cancer and outcomes in Europe and in particular focusing on colon, breast, prostate and lung cancer	Inger Thune Professor/Senior Consultant in Oncology, Oslo University Hospital
10:30	Health 2020 – the opportunities for European dietitians	Prof Anne de Looy Professor of Dietetics, University of Plymouth
10:45	Break	
11:30	Diabetes - the pandemic waiting to happen	Cathy Breen Irish Nutrition and Dietetic Institute
12:00	Poster presentations	Maria Hassapidou University of Thessaloniki
12:45	Lunch	
14:00	Food security for households and individuals – are dietitians the balance key?	Helena Avila Association Portuguese Nutritionists
14:30	Foodservice for vulnerable groups – in practice and research	Ylva Mattsson Sydner Uppsala University
15:00	Break	

Looking forward

7th EFAD/DIETS General Meeting & Conference

15:30	Meeting of the European Specialist Dietetic Networks (ESDN); theme "NCDs and the role of the dietitian"	All welcome to attend with special interest in these areas; lead by the ESDN leads
	1. Administrative dietetics	Ylva Mattsson Sydner
	2. Obesity	Maria Hassapidou & Ellen Govers
	3. Diabetes	Cathy Breen
	4. Cancer	Pedro José Robledo Saenz
	5. Ageing	Elisabet Rothenberg
	6. Public Health dietetics	Stojan Kostanjevec
17:15	Poster presentations	Maria Hassapidou
18:15	Presidents meeting	Anne de Looy
18:15	Students meeting: Networking & exploring collaborative research projects	Koen Vanherle, Ursula Lukas, Lucy Frost
18:15	Delegates/ Key Contacts meeting: Sustaining the EFAD & DIETS Networks	Judith Liddell Bernadett Kiss-Toth
20:00	Conference dinner	
Saturday 9th November 2013		
9:00	Can e-health be the way for dietitians to engage with their obese clients?	Dr Avril Collinson University of Plymouth
9:30	Micronutrients in prevention of non-communicable diseases	Prof Dr H K Biesalski University of Hohenheim
10:00	The effects of flavonoids in diabetes	Dr Duane Mellor University of Nottingham
10:30	Break	
11:00	Dietetic Intervention – identifying and promoting the health and cost benefits	Annemieke van Ginkel Dutch Dietetic Association
11:30	Workshops	Constantina Papoutsakis, Naomi Trostler - EFAD Professional Practice Committee; Wineke Remijnse Dutch Dietetic Association
	1. Standardised Language on malnutrition: applications in practice and dietetic education	
	2. European Advanced Dietetic Competences and specialist dietitians	Agneta Hörnell EFAD Education Committee
	3. Dietetic Intervention – how can we identify the benefits?	Carole Middleton EFAD Executive Committee
	4. Nutrition Care Process: how do the different models suit the different areas of dietetics (administrative, clinical & public health)	Sue Kellie British Dietetic Association
	5. Dietetic Research - Which topics should be explored at a European level?	Elke Naumann EFAD Research Committee
	6. Student's workshop – learning outside the classroom	Koen Vanherle, Ursula Lukas, Lucy Frost

Looking forward

7th EFAD/DIETS General Meeting & Conference

13:00	Lunch	
14:30	Workshops	Constantina Papoutsakis, Naomi Trostler - EFAD Professional Practice Committee; Wineke Remijnse Dutch Dietetic Association
	1. Standardised Language on malnutrition: applications in practice and dietetic education	
	2. European Advanced Dietetic Competences and specialist dietitians	Agneta Hörnell EFAD Education Committee
	3. Dietetic Intervention – how can we identify the benefits?	Carole Middleton EFAD Executive Committee
	4. Nutrition Care Process: how do the different models suit the different areas of dietetics (administrative, clinical & public health)	Sue Kellie British Dietetic Association
	5. Dietetic Research - Which topics should be explored at a European level?	Elke Naumann EFAD Research Committee
16:00	Break	
16:30	Preparing students for the new roles of dietitians in Europe	Prof. Anne de Looy University of Plymouth
17:00	Lifelong Learning: developing your portfolio	Uta Köpcke German Dietitians Association
17:30	Student Award for Best Poster Close	
18:00	Cocktail event to discuss Standardised Language	Hosted by EFAD Professional Practice Committee

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Diary dates

October

- [MOVE Congress 2013](#), 16-19 October 2013, Barcelona, Spain
- [European Obesity Forum 2013](#), 16-18 October 2013, Bucharest, Romania
- [7th International Conference on Diabetes & Obesity](#), 24-25 October 2013, Riga, Latvia

November

- [10th Int'l Workshop Nutrition & Health Claims](#), 7 November 2013, Brussels, Belgium
- [AICR 2013 Research Conference](#), 7-9 November 2013, Washington DC, USA
- [24th General Meeting of the European Federation of the Associations of Dietitians \(EFAD\) and 7th EFAD/DIETS Conference](#), 8-9 November 2013, Garda, Italy
- [17th International Nursing Research Conference](#), 12-15 November 2013, Lleida, Spain
- [ECOG \(European Childhood Obesity Group\) Congress 2013](#), 13-15 November 2013, Liverpool, UK

Employment opportunities

- [Associate Professor in Nutritional Epidemiology, University of Paris 13](#)
- [Traineeships at EFSA \(European Food Safety Authority\), Italy](#)
- [Group Leaders positions at HNR \(Human Nutrition Research\), Cambridge, UK](#)
- [Postdoctoral position in Nutritional Epidemiology, University of Alberta, Canada](#)
- [Nutrition & Health trainee at JRC \(Joint Research Centre\), European Commission, Italy](#)
- [Nutrition or health professionals at CIFF \(Children's Investment Fund Foundation\), London](#)
- [Scientific Project Manager at ILSI Europe \(International Life Sciences Institute\), Brussels, Belgium](#)

Training opportunities

- [MedicReS 2013 - 2014 Actions & Education Programs](#)
- [PhD position in Bioavailability area, ARIADME consortium](#)

All diary dates, employment, training and other opportunities can be found regularly updated on the [EFAD Extranet](#).

Updated on 04.10.2013

DIETS student eJournal – call for abstracts

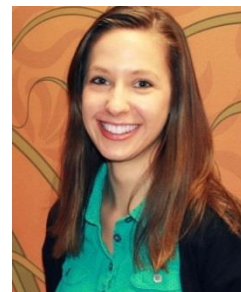
Abstracts submission for the second issue will be open from October 15th until November 15th 2013. Students and supervisors are invited to visit the following address for more information:

<http://www.thematicnetworkdietetics.eu/everyone/3616/5/0/30>



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We look forward to seeing you at Lake Garda!



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