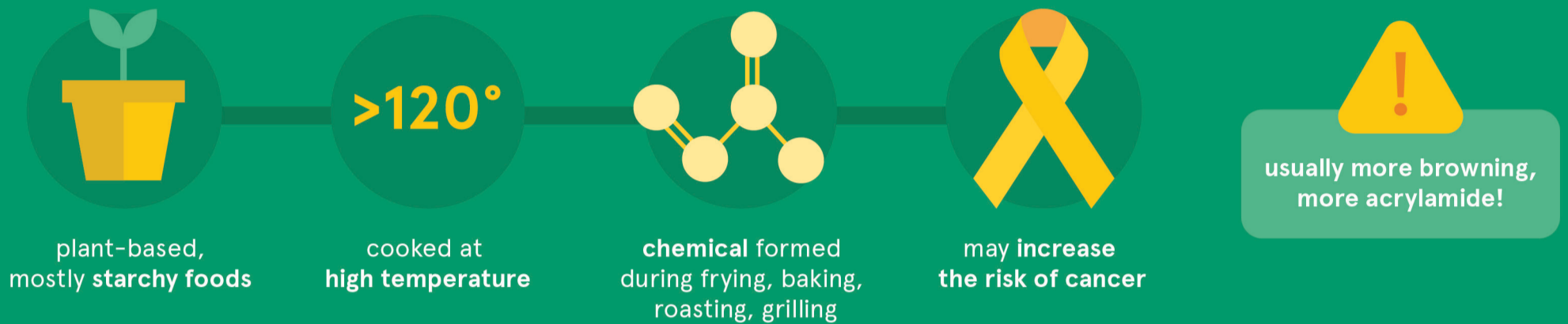


ACRYLAMIDE

WHAT IS ACRYLAMIDE?



WHAT ARE THE COMMON SOURCES OF ACRYLAMIDE?



WHAT CAN I DO AT HOME TO REDUCE MY ACRYLAMIDE INTAKE?

avoid over-browning

vary cooking techniques

