BREAKING SILOS

March 19th, 2020

Connecting the nutrition & environmental conversations

La Bouche à Oreille
Rue Félix Hap 11, 1040 Brussels

#ForFoodsSake
Although sustainable food is the topic of the hour, there is no one definition for the term.

As a key convener and facilitator of science-based discussion, EUFIC provides academia, industry, civil society, associations and policy-makers with a neutral venue to exchange and learn.

Bringing together actors from across the nutrition, agriculture, environmental and social fields, EUFIC’s 2020 conference is driven by the ambition to help fill the knowledge and consensus gaps around the “whats” and “hows” of healthy and sustainable diets.

We want to contribute to a stronger collective sense of challenges, opportunities and solutions towards two key EU goals: to future-proof the European food system and to improve people’s nutrition and health.
PROGRAMME
Moderated by Gertraud Leimüller, Winnovation

9:00  Registration, tea & coffee

9:30  Welcome
Gertraud Leimüller, Founder & CEO of Winnovation

9:45  Opening speech
Laura Fernández Celemín, Director General EUFIC

10:00 Setting the scene: Sustainable healthy food, the Lernaean Hydra?
Keynote speeches
João Breda, Head of WHO European Office for Prevention & Control of NCDs
The multi-challenge in achieving healthier populations
Saskia de Pee, Senior Technical Advisor Nutrition at World Food Programme
The importance of connecting conversations and using a systems approach

10:45  Coffee break

11:00  Sustainable healthy foods: where is the (dis)connection?
Four talks introducing the challenges from different scientific perspectives
Environment: Amanda Wood, Researcher at Stockholm Resilience Centre
Agriculture: John Bell, Director “Healthy Planet” at DG Research & Innovation, European Commission
Nutrition: Mike Gibney, Emeritus Professor of Food & Health, University College Dublin
Social: Claude Fischler, Senior Investigator Emeritus, the French National Centre for Scientific Research

12:30  Towards sustainable healthy food – the win-win solutions
Short talks on inspiring best practice
Rethink Resource; Meatless Monday; Milan Urban Food Policy Pact; FoodCloud; Sustainable Food Societies; INHERIT Database

13:00  Interactive lunch

14:00  Poll: what do you think is a healthy and sustainable diet?
Betty Chang & Raymond Gemen, Senior Managers, EUFIC

14:15  Where there is smoke: exploring the sustainability hypes
A House of Commons debate; moderated by Gijs Weenink, Debate Academy
Topics: animal vs. plant-based; natural vs. processed food; food packaging vs. food waste

15:30  Coffee break

15:45  Inspirational talk
Pixie Turner, Nutritionist & Science Communicator

16:00  Communicating the sweet spot of healthy & sustainable
The conference commitment, moderated by Milka Sokolović, Head of Food & Health Science, EUFIC

17:15  Closure & Cocktail reception
Celebrating 25 years of EUFIC